



**CAN
FAUSTINO**
CITADELLA DE MENDOCINA

SPA

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MASSAGES

AROMATHERAPY 60' - 100 €

This Full body relaxing massage uses light to moderate pressure and smooth, flowing techniques. Experience a deep state of serenity and awake all your senses with the tempered aromatic oils.

BODY BALANCE 60' - 120 €

Combining therapeutic benefits of Arnica Oil, with medium to firm pressure but soothing massage techniques, to release built up tension. Heated stones might be used on specific muscle groups.

PREGNANCY MASSAGE 60' - 100 €

We offer pregnancy massage after the first trimester of pregnancy. Each massage is tailored to address your concerns and deliver a deep sense of peace and relaxation for you and your baby.

HOT STONES 60' - 120 €

This therapy with warm basalt stones offers a grounding and deeply relaxing effect on the body whilst alleviating deep seated muscular tension. The stones are used as an extension of the therapist's hands to massage with fluid movements to quieten and calm the mind.

SIGNATURE CAN FAUSTINO MASSAGE 60' - 120 €

This glorious full body journey promotes the transfer of energy back into the body, combining a pressure point sequence and scented hot Pindas.

HEAD NECK & SHOULDER 30' - 70 €

Releases stress and allows for relief of mental fatigue, calming of thoughts and easing of stored tension.

LIGHT FEET 30' - 70 €

A combination of hot towel, massage with scented balm and pressure point techniques brings life to the extremities.

BODY TREATMENTS

CITRUS SCRUB by NATURA BISSE 60' - 120 €

Ideal treatment to enhance and revitalize sun tan. With a high content of vitamin-C, this full body treatment exfoliates, deeply hydrates, reaffirms and illuminates the skin. Add on Massage 30' - 50€

DIAMOND ROSE by NATURA BISSE 75' - 140 €

Delicate full body exfoliation and application of the luxurious dry oil of Damask rose which seriously nourishes and hydrates the skin with dreamy floral smell. The Damask rose also contains anti-aging and antioxidant properties. It absorbs in seconds and leaves a delicate satin finish on your skin, which is perfect for warmer temperatures.

SIGNATURE SPA RITUALS

CAN FAUSTINO MEDITERRANEAN RITUAL 90' - 150 €

Body and face merge in this treatment to instantly revitalize and infuse a radiant glow. Love the feeling of your skin after the bamboo exfoliation. Bring vitality and detox as you are enveloped in a soufflé masque. To finalize indulge in pure oxygen perfecting dry oil with all of the richness and benefits of spirulina algae's trace elements, vitamins and proteins for a powerful hydration and remineralization.

BOTANIC FROM MENORCA RITUAL 90' - 150 €

Capture the Spirit of Menorca with this exclusive facial and body treatment made of native ingredients. Enjoy the all-over apricot kernel polish leaving your skin feeling tingling and fresh. Nourish your body and soul with a wild chamomile oil full body relaxation massage designed to be centering, grounding and enlivening. This stunning dream treatment is completed with a deeply purifying facial clay masque and a nourishing regenerating cream with rose petals, among other components from the island, to leave your skin luminous, beautiful and silky.

FACIALS

REVITALING EXPRESS by NATURA BISSE 40' - 80 €

Personalised to your skin's needs for an effective invigorating result in a short time. A deep cleansing, A.H.A. exfoliation, masque and hydration.

VITAMIN C by NATURA BISSE 60' - 120€

Immerse your skin in the antioxidant power of a vitamin C spa treatment. These nutrient-rich sensorial facials restore vitality to sun damaged skin and help minimize the signs of premature aging. The perfect choice to recover skin firmness, improve luminosity, fight dark spots and increase elasticity while pampering yourself with a delicate blend of Mediterranean scents.

ANAKASUMI 60' - 120 €

Start with a deep cleansing and exfoliation, continuous with a tailored masque followed by a spectacular Kobido rejuvenating massage to reduce wrinkles, provide brightness and a more uniform tone to the skin. The treatment is finalized with a hydration to leave your skin nourished and bright.

DIAMOND PRESTIGE by NATURA BISSE 80' - 140 €

Indulge in instant luminous radiance; a tighter, firmer, lifted and powerfully hydrated complexion. Experience the sensational journey of radical transformation and show off exquisite, intensely hydrated, luminous skin. Diamond rituals are an infusion of life into the skin that combine high-tech products along with the power of touch to totally transform your complexion.

SPA & WELLNESS

The Spa embraces restorative treatments with like-minded products. Take a deep breath, restore balance and calm the body and mind.

THERMAL CIRCUIT 60' - 50€ (for two people), 25€ per additional person

Enjoy our indoor pool, sauna and steam room in the vault of an ancient grotto.

Refresh the spirit, remedy the soul and replenish the senses in a sanctuary of relaxation before your treatments.

BEAUTY

BEAUTY OF THE FEET 60' - 100 €

Refresh your feet with a foot exfoliation. A specialised pressure point massage will release tension in the lower legs and feet. Focus is then given to nails and soles to renew. We conclude your journey with polished nails in a colour of your choice.

BEAUTY OF THE HANDS 60' - 100 €

Your hands and arms are wrapped in hot towels & exfoliated to reveal fresh soft skin. Focus then turns to manicured nails, followed by a specialised hand massage. We conclude your journey with polished nails in a colour of your choice.

COUNTRY YOGA & SPA DAY

The Country Club is only available for Can Faustino guests. Activities will be available two days a week, please ask at the reception or the spa which day is schedule for the coming week.

YOGA CLASS (subject to availabilty)

A restorative, relaxing style intended to be healing and nurturing for the body. Perfect for any age or level student. Either if you are a beginner or advanced practitioner you will benefit from this class, leaving the room completely relax and destress. The availability of the class is up to five students. Make your reservation in advance to secure your spot.

AROMATHERAPY AT THE COUNTRY CLUB 60' - 120 €

Immerse yourself in the heart of Menorca's nature, receiving a massage infused with native herbs of the island. The relaxing power of lavender combined with the invigorating properties of rosemary will take you to a state of absolute balance and renewal.

RELAXING DAY & DELICATESSEN

Complete your Spa day enjoying breakfast until 10:30 am at the charming terrace of our Restaurant. Our Chef will delight you with truly comforting creations, to nourish your body and soul.

Breakfast Buffet - 25€

Please note: bookings prior to arrival are essential. Inform the Day Spa to add a restaurant booking to your treatment.

GENERAL INFORMATION

OPENING TIMES

The Spa is open from Monday to Sunday. The treatments are by appointment from 10am to 8pm. We recommend that you book your appointment as early as possible to ensure availability.

The Spa access & Fitness room* are only by appointment to ensure our guests safety and health.

**Available only for Can Faustino guests.*

SPA GUESTS

For the use of our spa facilities and services, the minimum age is 18 years old. Teens from 12 to 17 years of age are welcome when accompanied by a parent or guardian.

We provide a towel, slippers and lockers to secure your belongings.

The Spa offers a shared tranquil environment, we encourage our visitors to respect the privacy and peace of fellow spa guests.

ARRIVAL TO THE SPA

We recommend that you arrive 5 minutes before the start of your treatment. The time of the services corresponds to the indicated duration. Installation time in the cabin is not included. In case of delay, the duration of your treatment will be reduced to the equivalent of your delay.

If this is your first visit, we require you to complete a health questionnaire.

CANCELLATION POLICY

If you need to cancel your reservation, inform us 4 hours in advance, with less time we will charge 50% of the value of the service. If you do not show up for your appointment, it will be canceled and a 100% charge will be made to your account.

RESERVATIONS AND PAYMENT

To make a reservation, please contact us by email at spa@canfaustino.com.

As part of our mindful safe hygiene measures, please note we no longer accept cash as payment.