

FAUSTINO GRAN



SPA TREATMENTS
CIUTADELLA DE MENORCA

Massages

Aromatherapy Relaxing - 60'

100 €

This full body relaxing massage uses light to moderate pressure and smooth, flowing techniques. Experience a deep state of serenity and awake all your senses with the tempered aromatic oils.

Body Balance - 60'

120 €

The combination of the therapeutic benefits of an herbal arnica balm, medium to firm pressure, and deep rebalancing massage techniques will allow you to release accumulated tension.

Pregnancy Massage - 60'

100 €

We offer pregnancy massage after the first trimester of pregnancy. Each massage is tailored to address your concerns and deliver a deep sense of peace and relaxation for you and your baby.

Hot Stones - 60'

120 €

This therapy with warm basalt stones offers a grounding and deeply relaxing effect on the body. The stones are used as an extension of the therapist's hands to massage with fluid movements to quieten and calm the mind.

Signature Faustino Gran Massage - 60'

120 €

This superb sensory journey promotes the awakening and circulation of energy in your body. It is an enveloping massage combining a sequence of pressure points, some hot stones and pindas scented with Menorca herbs.

Head, Neck and Shoulders - 30'

70 €

Releases stress and allows for relief of mental fatigue, calming of thoughts and easing of stored tension.

Light Feet - 30'

70 €

A combination of hot towels, massage with scented balm and pressure points techniques brings life to the extremities.

Body Treatments

Citrus Scrub - 60'

120 €

Ideal treatment to enhance and revitalize sun tan. With a high content of vitamin-C, this full body treatment exfoliates, deeply hydrates, reaffirms and illuminates the skin. Includes: exfoliation and hydration of the body.

* Add one massage 30' - 50 €

Faustino Mediterranean Ritual - 90'

150 €

Body and face merge in this revitalizing treatment. Enjoy this sensory journey to relax and immerse yourself in this blend of textures, fragrances and sensations. Based on natural products such as sea salt, grape seeds, algae, aloe vera and lavender.

Includes: body exfoliation and hydration, as well as face exfoliation, mask and hydration.

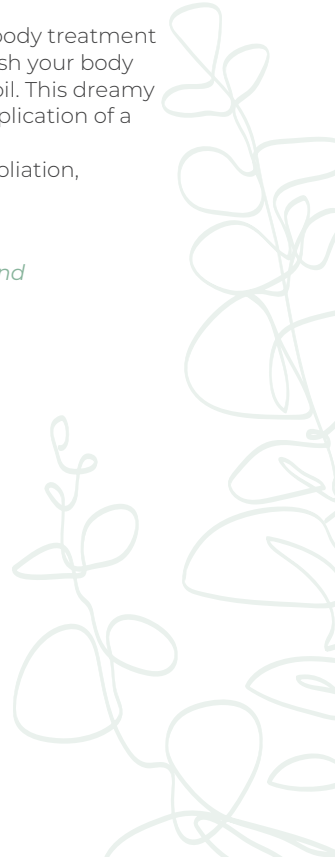
Botanic from Menorca Ritual - 90'

150 €

Capture the spirit of Menorca with this exclusive face and body treatment using local products. Enjoy an apricot exfoliation and nourish your body and mind with a relaxing massage using wild chamomile oil. This dreamy treatment ends with a purifying clay face mask and the application of a nourishing and regenerating rose petal cream.

Includes: body exfoliation and hydration, as well as face exfoliation, mask and hydration.

* *We use products from the prestigious **Natura Bissé** brand as well as **natural products from Menorca.***



facials

Revitalizing Express - 40'

Oxygenating and nourishing care for your face. Get a purifying and effective result in no time. Enjoy a deep cleansing, exfoliation, mask and hydration.

80 €

Vitamina C by Natura Bissé - 60'

The antioxidant properties of vitamin C restore the vitality of sun-damaged skin and help minimize the signs of premature aging. It's the perfect choice for fighting dark spots while pampering yourself with a delicate blend of Mediterranean scents.

120 €

Anakasumi - 60'

This complete facial includes a deep cleansing and exfoliation, a mask tailored to your skin followed by moisturising and a wonderful Kobido massage. This ancient Japanese art tones, reduces wrinkles, and brings radiance to your nourished skin.

120 €

Diamand Prestige - 60'

Enjoy our most exclusive anti-ageing treatment. Firms, nourishes and fades wrinkles. Experience the sensational journey of transformation and enjoy intensely hydrated and luminous skin.

140 €

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Spa & Wellness

Circuit Thermal - 60' (included for our hotel guests)

Enjoy our indoor pool, sauna and steam room in the vault of an ancient grotto. Refresh the spirit, remedy the soul and replenish the senses in a sanctuary of relaxation before your treatments.

50 €
(2 people)

* + 25 € per additional person

Yoga

Yoga class (subject to availability) - 60'

25 €

A wonderful tool to connect to your body and explore movement with consciousness. Suitable for all ages and levels of practice. You will end the class feeling relaxed and full of gratitude.
Sessions can accommodate up to four people. Please book in advance to guarantee your place.



General Information



Opening Hours

The spa is open from Monday to Sunday from 9 am to 8 pm

The treatments are by appointment only from 9:30 am to 8 pm.

We recommend that you book as early as possible to guarantee availability.

Use of the Spa

The minimum age for use of our facilities and spa services is 18 years old.

Teenagers from 12 to 17 are welcome when accompanied by a parent or guardian. We provide a towel, slippers and lockers to secure your belongings.

The Spa offers a relaxing environment, so we encourage our visitors to respect the privacy and peace of fellow spa guests.

Treatment

We recommend that you arrive 5 minutes before the start of your treatment. The time of the services corresponds to the indicated duration. Installation time in the cabin is not included. In case of delay, the duration of your treatment will be reduced to the equivalent of your delay.

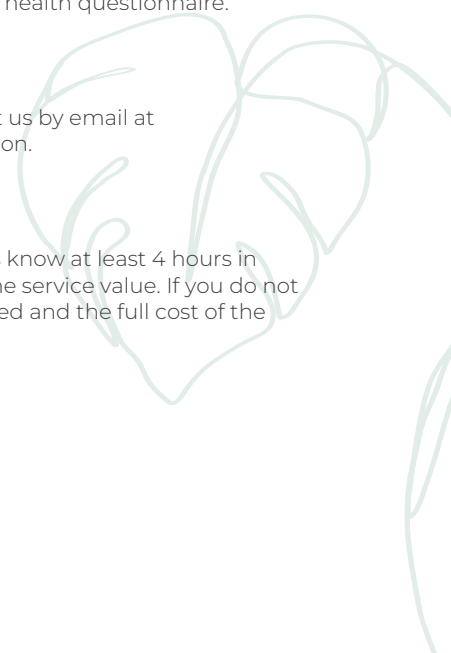
* If this is your first visit, we will ask you to fill in a health questionnaire.

Booking

To make a reservation at the spa, please contact us by email at spa@faustinogran.com or directly at the reception.

Cancellation Policy

If you need to cancel your booking, please let us know at least 4 hours in advance, otherwise we will charge you 50% of the service value. If you do not show up for your appointment, it will be cancelled and the full cost of the treatment will be charged.





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