

FAUSTINO GRAN



SPA TREATMENTS
CIUTADELLA DE MENORCA

Massages

Aromatherapy - 60'

100 €

This Full body relaxing massage uses light to moderate pressure and smooth, flowing techniques. Experience a deep state of serenity and awake all your senses with the tempered aromatic oils.

Body Balance - 60'

120 €

Combining therapeutic benefits of arnica oil, with medium to firm pressure but soothing massage techniques, to release built up tension. Heated stones might be used on specific muscle groups.

Pregnancy Massage - 60'

100 €

We offer pregnancy massage after the first trimester of pregnancy. Each massage is tailored to address your concerns and deliver a deep sense of peace and relaxation for you and your baby.

Hot Stones - 60'

120 €

This therapy with warm basalt stones offers a grounding and deeply relaxing effect on the body whilst alleviating deep seated muscular tension. The stones are used as an extension of the therapist's hands to massage with fluid movements to quieten and calm the mind.

Signature Faustino Gran Massage - 60'

120 €

This glorious full body journey promotes the transfer of energy back into the body, combining an enveloping massage, pressure point sequence and scented hot pindas.

Head, Neck and Shoulders - 30'

70 €

Releases stress and allows for relief of mental fatigue, calming of thoughts and easing of stored tension.

Light Feet - 30'

70 €

A combination of hot towels, massage with scented balm and pressure points techniques brings life to the extremities.

Body Treatments

Citrus Scrub by Natura Bissé - 60'

120 €

Ideal treatment to enhance and revitalize sun tan. With a high content of vitamin-C, this full body treatment exfoliates, deeply hydrates, reaffirms and illuminates the skin.

* Add on Massage 30' - 50€

Faustino Mediterranean Ritual - 90'

150 €

Body and face merge in this revitalizing treatment. Enjoy this journey of textures, fragrances and sensations. It's the ideal break to disconnect and relax. Based on natural products such as sea salt, grape seeds, algae, aloe vera and lavender.

Botanic from Menorca Ritual - 90'

150 €

Capture the spirit of Menorca with this exclusive face and body treatment using local products. Enjoy an apricot exfoliation and nourish your body and mind with a relaxing massage using wild chamomile oil. This divine treatment ends with a purifying clay face mask and the application of a nourishing and regenerating rose petal cream.



facials

Revitalizing Express by Natura Bissé - 40'

80 €

Personalized to your skin's needs, this treatment oxygenates and purifies your face in no time. Deep cleansing, exfoliation, mask and hydration.

Vitamina C by Natura Bissé - 60'

120 €

Immerse your skin in the antioxidant power of vitamin C. Its nutrient-rich properties restore vitality to sun-damaged skin and help minimise the signs of premature ageing. It's the perfect choice for fighting dark spots while pampering yourself with a delicate blend of Mediterranean scents.

Anakasumi - 60'

120 €

Start with a deep cleansing and exfoliation, continuous with a tailored masque followed by a spectacular Kobido rejuvenating massage to reduce wrinkles, provide brightness and a more uniform tone to the skin. The treatment is finalized with a hydration to leave your skin nourished and bright.

Diamond Prestige by Natura Bissé - 60'

140 €

Enjoy our most exclusive anti-ageing treatment. Firms, nourishes and fades wrinkles. Experience the sensational journey of transformation and enjoy intensely hydrated and luminous skin.

Spa & Wellness

Circuit Thermal - 60'

50 €
(2 people)

Enjoy our indoor pool, sauna and steam room in the vault of an ancient grotto. Refresh the spirit, remedy the soul and replenish the senses in a sanctuary of relaxation before your treatments.

* + 25 € per additional person

Spa at Casa de Pau

Casa de Pau is only available for Faustino Gran guests. Activities are available two days a week, please ask at the reception or the spa which day is scheduled for this week.

Aromatherapy at Casa de Pau - 60'

120 €

Immerse yourself in the heart of Menorca's nature, receiving a massage infused with native herbs of the island. The relaxing power of lavender combined with the invigorating properties of rosemary will take you to a state of absolute balance and renewal.

Yoga

Yoga class (subject to availability) - 60'

25 €

A wonderful tool to connect with your body and explore conscious movement. Suitable for all ages and levels of practice. You will leave the class feeling completely relaxed. Sessions can accommodate up to four people. Please book in advance to guarantee your place.



General Information



Opening Hours

The spa is open from Monday to Sunday from 9 am to 8 pm

The treatments are by appointment only from 10 am to 8 pm.

We recommend that you book as early as possible to guarantee availability.

Use of the Spa

The minimum age for use of our facilities and spa services is 18 years old. Teenagers from 12 to 17 are welcome when accompanied by a parent or guardian. We provide a towel, slippers and lockers to secure your belongings.

The Spa offers a relaxing environment, so we encourage our visitors to respect the privacy and peace of fellow spa guests.

Treatment

We recommend that you arrive 5 minutes before the start of your treatment. The time of the services corresponds to the indicated duration. Installation time in the cabin is not included. In case of delay, the duration of your treatment will be reduced to the equivalent of your delay.

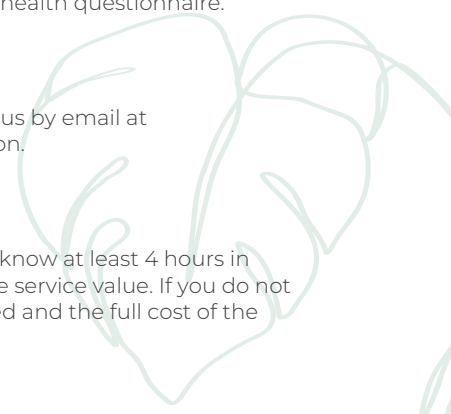
* If this is your first visit, we will ask you to fill in a health questionnaire.

Booking

To make a reservation at the spa, please contact us by email at spa@faustinogran.com or directly at the reception.

Cancellation Policy

If you need to cancel your booking, please let us know at least 4 hours in advance, otherwise we will charge you 50% of the service value. If you do not show up for your appointment, it will be cancelled and the full cost of the treatment will be charged.





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